

UNIVERSITY OF NORTH FLORIDA SPINNAKER

July
26

2006

Wednesday

THIS WEEK NEWS

iTunes over textbooks

Students who miss out in class may be able to catch up via iPods. Administration is working to make lecture downloads available on iPods.

See ITUNES, page 9

EXPRESSIONS



Not in Kansas anymore

Those traveling over the summer to more hurricane-prone areas can read about precautionary measures to take when exposed to hurricanes.

See EXPRESSIONS, page 11

SPORTS

Leaving the nest

Professional teams recruited three former Osprey baseball players and one basketball player this summer.

See FUTURE, page 17

WEEKEND WEATHER



Friday July 28	Saturday July 29	Sunday July 30
74/92	74/93	75/92
P-Cloudy	P-Cloudy	P-Cloudy

7-day forecast, page 5

SOURCE: NOAA

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ONLINE



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ILLUSTRATION BY TAMM LIVINGSTON AND ROBERT K. REITZIK

University of North Florida president John Delaney listens as a Jacksonville councilman welcomes Jacksonville Jam to the city. The Jam is scheduled to play its first season at the Arena.

See JAM, page 5

University donor passes away

By RACHEL ELSEA
CONTRIBUTING WRITER

Charles M. "Buddy" Neviasek, a long-time friend and financial supporter of the University of North Florida, passed away July 13 of causes related to cancer.

Neviaser, who was 83, was a philanthropist during his lifetime who donated not only to UNF, but also to a number of organizations in and around Jacksonville.

Neviaser funded several scholarships for students in different areas of interest at UNF. He also donated money extensively to Community Hospice of Northeast Florida.

The majority of Neviasek's professional life was marked by attempts to help others in many capacities. He is survived by his wife, Doris Neviasek, who was instrumental in caring for others alongside her hus-

band.

Over the last few years, Neviasek made two significant financial contributions to UNF.

In 2004, he provided money to UNF's baseball team to establish the Charles and Doris Neviasek Endowed Baseball Scholarship.

His second contribution was made shortly before his death in July 2006. Neviasek donated \$500,000 to the Brooks School of Nursing in the College of Health to establish the Charles M. and Doris B. Neviasek Endowed Nursing Scholarship for



Neviaser

See DONOR, page 8

Students spend summer aiding children

By KACIE DODGE
CONTRIBUTING WRITER

Although many younger students are spending the summer enjoying the sun or working to save up cash for the fall, it is not a privilege that everybody enjoys equally.

The reality is quite different for some children right now undergoing treatment at Wolfson Children's Hospital, who instead spend their days in bed, many of them with diagnosed terminal illnesses.

But with the help of some art students from the University of North Florida, working with a local non-profit program, they have been given something to strive for this summer.

UNF professor Louise Freshman-Brown has teamed up with Art with a Heart for Children, a self-described "arts-in-healing" program started in 2001, to offer a unique independent study for qualified art students that bring them together with the children at Wolfson.

Freshman-Brown hand-selects students she believes are fit for the job.

"I look for the students who are natural teachers, responsible, those who can easily help others," she said.

Senior Brittini Wood is one such student. This is her second time taking part in the independent study, Wood said. She visits the hospital one day a week for three hours and also works on an outside project. Wood said her usual day consists of leading a group of children in the play area of the hospital, but the majority of



PHOTO BY LARRY

Alumni Wesley Grissom joined students from the University of North Florida in an independent study assisting children at Wolfson Children's Hospital with artwork. During their independent study, children construct art pieces with the guidance of student volunteers.

her time is spent at the bedside constructing art pieces with individual patients.

"I draw pictures and paint for the children as they work on their own pieces," Wood said.

Wood was influenced by a twelve-year-old patient's work, incorporating it into her own. She said she has done her own project in that incorporated the art of this young heart patient.

"Every time I am at the hospi-

tal I work with her," she said. "I am motivated by her art. She has such an intricate style for a 12-year-old. It has opened my eyes in all areas."

UNF graduate Tim Decker also took part in the independent study, becoming the first employee hired on to the program outside of its two founders.

"I drew a guitar for a teen patient who hadn't drawn much previously. He colored that guitar

with pastels and began drawing his own. He was a guitarist and didn't have a guitar at the hospital at that time. I brought mine and left it with him for about a week or so. We would play some then draw some, but he had to promise he would draw. He was the biggest connection that I made during my independent study," Decker said. Decker was a psychology major

See CHILDREN, page 7



DISCOURSE

WEDNESDAY, JULY 26, 2006

SPINNAKER

Awarded first place for Best of Show at the 2005 National College Media Convention by the Associated Collegiate Press.

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SPINNAKER'S BEST

Different entities on campus assisted freshman Lindsay Wilkes in applying for UNF and acquiring housing and scholarships.

SPINNAKER'S WORST

Parking prices have increased for the 2006-2007 school year. General parking has gone from \$138-\$146 and 2nd/3rd floor garage parking has increased \$15 to \$172 a year. But those who drive motorcycles only have to pay \$3 more.

SPINNAKER'S FIX

Instead of substantially increasing prices each year, administration could ease the pain by gradually increasing them over time.



◆ ◆ ◆ Editorials ◆ ◆ ◆

Americans must learn to use less fuel

The average price of regular unleaded gasoline in the United States hovers around \$3.00 a gallon. Four years ago it was \$1.38 per gallon. A Dodge Durango with 4WD gets an average 14 miles per gallon in the city. That number has not changed over the years.

It is impossible to separate the steady upward grind of US gas prices from the ubiquitous conflicts in the Middle East because that is where a majority of the world's oil reserves lie.

In addition, seven of the 11 countries who comprise the infamous oil cartel Organization of the Petroleum Exporting Countries (OPEC), which controls two-thirds of the world's oil supplies, are in the Middle East. These include Iran, Iraq, Saudi Arabia and The United Arab Emirates.

From 1979 to 2000, the cartel cost the US economy

an estimated \$7 trillion dollars through oil price shocks and price manipulation. But the United States is inextricably tied to foreign oil. Fifty-eight percent of the oil used here is imported.

It is easy to deduce that as conflicts multiply and escalate across central Asia, the gas pump will continue to claim more cents per gallon from consumers.

The bottom line is that the United States needs to find a way to control its dependence on foreign oil. This is one issue where individual citizens can make a difference. Most major cities have some form of public transportation system. Even though they may be flawed (ahem, JTA) the more demand they receive, the better they will become.

But Americans by nature are independent creatures who require the freedom of being in control of their own comings and goings. Many also hold a deeply

ingrained belief that owning a large vehicle is an important emblem of one who has achieved the American Dream (i.e. monetary success).

But somehow that mindset must be shaken. Ford Expeditions, Lincoln Navigators and Nissan Armadas all get less than 15 mpg in the city. But Sport Utility Vehicles are not the only gas-guzzling culprits. For those wanting to cruise around town in a Cadillac DTS, Lincoln Town Car or Mercedes-Benz S500, the city miles per gallon run well below 20.

It seems that Americans, who take pride in such attributes as "freedom" and "independence," would loath the idea of being forced to kneel prostrated at the feet of a handful of other countries, many of whom outwardly denounce the two ideals noted above, just because they cannot shake their love of 8 cylin-

der, fossil fuel-operated vehicles.

There is a plethora of ways to reduce daily fuel consumption, from purchasing a fuel-efficient vehicle (the Toyota Prius gets 60 mpg city) to altering basic driving techniques. For instance, avoiding excessive breaking and rapid acceleration can improve a car's miles per gallon by up to 33 percent.

For those who drive a car that runs on diesel, there is even the option of converting it to run on vegetable oil, a completely clean-burning fuel.

Too many of the world's problems today can be blamed on human dependence on fossil fuels. If Americans made a concerted effort to reduce consumption, even by doing such simple things as car pooling or even driving more efficiently, the Middle East could lose some of its stranglehold over world affairs.

Uneven grading scales detrimental to students

Grades - the bottom line. The scale that measures a student's life and sometimes death in college, not to mention their future opportunities.

Grades are often thought to be concrete - carved in stone. A reminder of school that will follow you forever. In actuality, grades are quite fluid, at least at the University of North Florida.

Tom and Jerry are roommates and both are taking classes at the local university. They are both studious and work hard. They take all the notes, read all the chapters and do well on all the tests. When the semester ends, Tom comes out with a 3.7 GPA while Jerry gets a 4.0 GPA.

Upon closer inspection, they discover that while they received the same 95

percent grade average in some of their classes, their teachers have awarded them different grades.

Tom received an A- from his teacher while Jerry received an A. So while Tom and Jerry did the same amount of work, put in the same amount of time and effort into their classes and achieved the same grade of 95, Jerry gets the highest grade possible and Tom's GPA goes down. This is all because the grading scale at their university varies from one class to another.

The grades from class to class fluctuate so much that theoretically, if a student takes a certain teacher for all of his or her classes, he or she can get a 61 and still fail according to some syllabi, while most count 60 and above as passing. How is that fair?

And most majors actually require a grade of C or better to receive credit for the class. So it's not just passing or failing. It's getting the needed grade, a difficult task for some students that often comes down to one or two percentage points. And let's not forget the fact that equation now depends upon which teacher you take.

The problem is that the scales are different for almost each class. Instead of having one uniform grade scale for the entire university or even one scale for a specific college or major, students are being graded differently from class to class. The problem is that the scale isn't uniform.

And it's hard enough to define someone and their work with a letter because everyone learns and works in different ways. But at

least with a grading scale that includes pluses and minuses, teachers can more accurately rate students and students can get more for their work. A 10 point range just doesn't cut it.

Some students do deserve that A because they went that extra-mile and some students only deserve the B+. If one student does enough to get a 90, should a student who does enough to get a 99 (nine percentages points higher) deserve the same grade of A?

Some may say that different classes and subjects require varying amounts of effort and work. But doesn't it make sense that an A in one class should equal an A in any other? Does it makes sense that students' GPA can go down just because a teacher may or may not believe in an A-?

QUOTE of the WEEK

“Real success is finding your lifework in the work that you love.”

David McCullough

Increase in summer courses may advance graduation

LETTER
FROM THE
EDITOR



JENNA STROM, *Editor in chief*

Students who expect to finish their degrees during summer terms are disappointed when they discover their required courses are not offered until the fall. The low number of summer courses offered at the University of North Florida and other universities hurt students who are trying to graduate in four years. Students plan courses each semester expecting their next requisite will be

offered the following semester. When the time comes at 9 a.m. on registration date, they log on to myWings after four attempts to remember their “N” number, only to discover that the university does not offer what they need. If they’re lucky, the class is offered at least once during the summer from 12:10-4:40, so they have time to reschedule internships or work plans during that time. But if they’re unlucky, it isn’t offered until the fall because the one professor who teaches that class is on vacation. The future in summer courses is less grim than it may seem. Mark Rosenberg, Florida’s leading university official told the Associated Press he wants to increase summer enrollment in public universities by 30,000, and he wants to offer a full curriculum. He said the number of students enrolled this summer reflects the need

for the state to sponsor additional summer classes. On top of the need for more summer courses, the number of students enrolled in classes has increased over the past few years. About 60 percent of students, or 176,000, are enrolled in summer classes, according to the Associated Press. The problem comes down to state funding. Teachers are paid by stipends over the summer. If the state spends money to hire teachers and faculty during these months, students will have a “third” semester instead of a “summer” semester to complete their education. But where will the money come from? During the 2004-2005 school year, the Florida Department of Education reported 130,000 students received money from Bright Futures Scholarships. Bright Futures are not available for summer terms. Technically, Florida law states that awards can be made if funds are avail-

able. But it wouldn’t make sense to offer funding for courses that are not there. So students who normally attend school out of the state’s pocket are forced to pay full price over the summer, approximately \$320 a class. They are some of the best and brightest students, which can be assumed since they are required to uphold their GPAs to keep their scholarships. Some of these students continue their educations in the summer, and paying full price will provide the state with extra revenue they would not normally receive. While it may take students more time to memorize “N” numbers or find parking before class, graduation may not be too far around the corner. E-mail Jenna Strom at uspinnak@unf.edu.

Local restaurants not nearly as clean as you think

Most of us go to restaurants to relax. Whether we want to celebrate something, or we have simply had a long day at school or work, we just want to have a good time and have someone else prepare our food. Everyone’s thoughts are on the next batch of bread coming out of the oven or that delicious entrée prepared perfectly with an exquisite, unique taste. But it’s that unique taste that we should be worried about. Behind closed doors in the kitchen, some less than desirable things could be hiding. According to the State Department of Business and Professional Regulation, one out of 10 restaurants in northeast Florida has been charged with not being clean or safe in some manner in the past year. One of the main problems in Jacksonville is the presence of “uninvited guests.” That’s right: roaches and rodents. Inspectors have found roaches crawling throughout stacks of clean

dishes, as well as rodent droppings on a shelf with sugar packages. I personally am not too picky. I would probably still eat the sugar as long as it was still in the package and didn’t have visible grossness, but there is no way I would want to eat off of a plate that a roach had wandered across. Florida as a whole isn’t the cleanest either. Four percent of the charges in all of Florida, roughly 20,000 instances, were a result of food not being properly protected during storage, prep, display, service and transport according to procedure. Another 3 percent of the charges were against food surfaces not being maintained properly. An astonishing 6 percent, around 30,000 instances, of charges were because surfaces that equipment and utensils were put on were not clean. If anything, cleanliness of utensils that we put in our mouth should be one of the most important things that a restaurant should pay attention to. Some of the less serious, although

STUDENT
OPINION



Rachel Elsea, *Sophomore, Journalism*

still pretty unappetizing, charges in Florida include employees not washing hands before handling food, dirty floors, walls, and ceilings of kitchens and the storage temperatures of food not being correct. All of these things, though somewhat minor, could lead to disaster if they got out of hand. Hand washing is a pretty basic thing that any employee at a restaurant should do before handling food.

If floors, walls and ceilings aren’t properly sanitized, germs are floating around. Just because the food doesn’t physically touch the floor, walls or ceiling-hopefully-doesn’t mean that those surfaces don’t need to be clean. Food temperature is also very important. If food isn’t kept at the proper temperature, bacteria could grow, sometimes producing very bad results. Of course, there is no way to truly know what is going on behind those doors in the kitchen without seeing it first-hand. We should all just be more cautious when eating out, or else learn to ignore the fact that roaches possibly crawled across our plates ten minutes prior to our eating off of them. Whichever route you choose, just be careful. It’s a dangerous, dirty world out there. So much for having a nice, relaxing meal. You can find more information at <http://www.myflorida.com/dbpr/>. E-mail Rachel Elsea at uspinnak@unf.edu.

Just a little information: It does the world a whole lot of good

There are precious few things in this world truly worth fighting for. Love, of course, has been cited innumerable since the dawn of humanity as the noblest human cause, and one that has at times set the world’s greatest powers against each other over a mere instance-an affair, an improbable marriage, a simple smile that launched a thousand ships to battle. Other notions like family, protection of the innocent, or prevention of a greater harm have also been reasonably attributed to justified conflict in many cases. Racially or religiously insensitive cartoons, I would argue, do not constitute sufficient cause for one man to sensibly desire to take his neighbor’s life, nor do the comments of a wild sectarian preacher on TV. As we collectively and individually gear up for the new school year, I want to make a suggestion that I think will help us all find perspective and remember just what it is we’re doing here: get informed. There are leagues of pundits and self-conceived authorities out there who peddle their half-informed opinions as fact, and wear the badge of “free speech” as if it’s a shield against the intrinsic immorality of the acts they perpetuate. In other words, they lie carelessly because it’s easy, it’s not illegal and it makes them lots of money. These are extremely complicated times we live in. It’s understandable that to wait for a perfect image of any issue before making decisions would be to effectively condemn oneself to a static and counterproductive existence, but

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OPINION



Ace Stryker, *Junior, Journalism*

what is not understandable is how often people can be seen gleefully marching down this very path leading to delusion, and in many cases violence, just because of its convenience. When people aren’t informed, they suffer. Not directly, mind you-time and time again, rather, a group of people that becomes morally and intellectually complacent will instead unwittingly pave the way for a more ambitious segment of the population that has no problem manipulating that acquired stagnancy of the mind to their advantage. Take Hitler. Take religious leaders that gave us the crusades and the inquisitions. Take our current president, if you prefer, especially if you’re one of those who complains about his leadership but were also among the 40 percent of the population that didn’t show up at the polls. (Note: that is a particular debate I don’t want to address here-it was just the most accessible example.) Then you have people at the other end

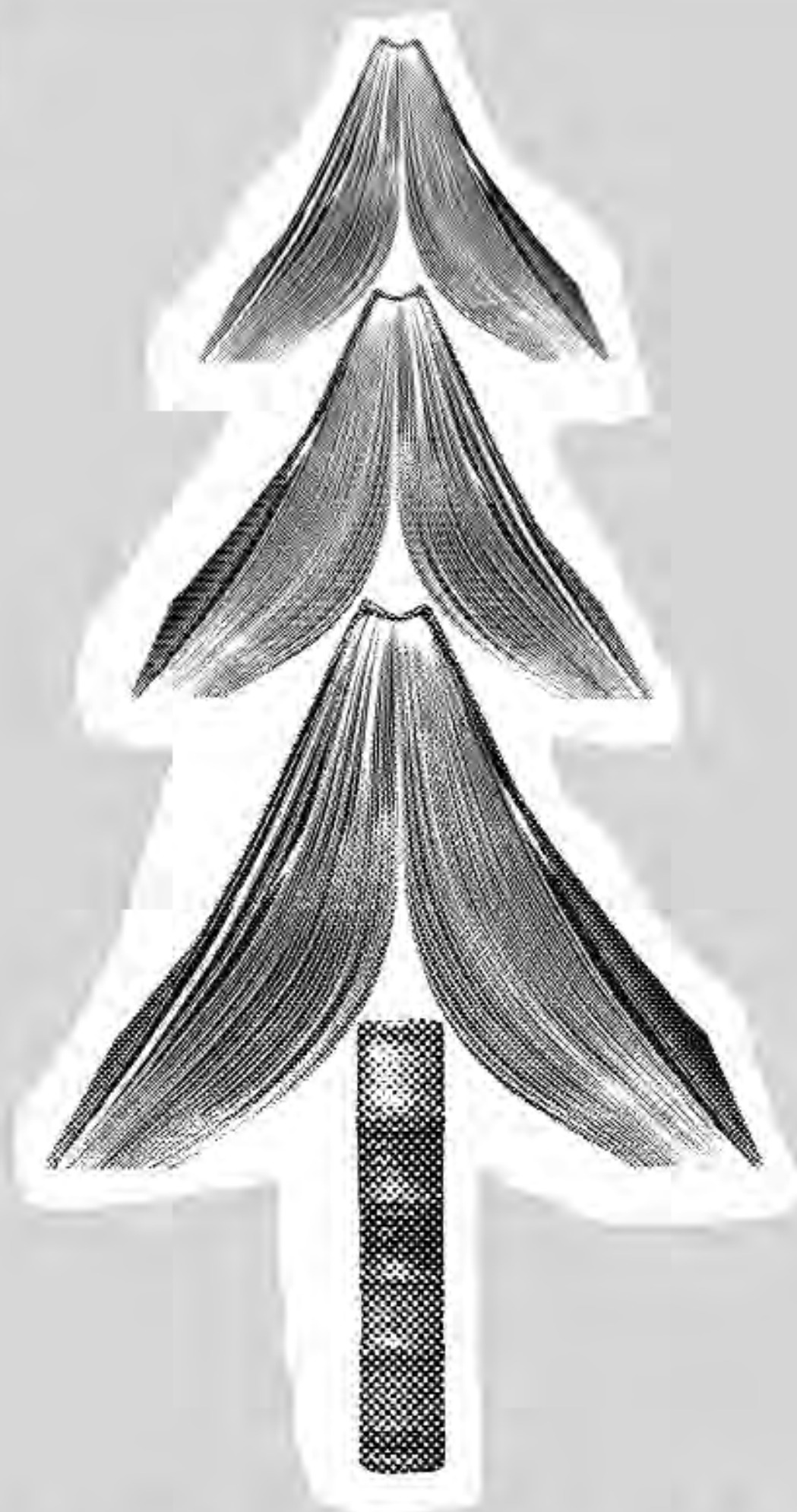
of the spectrum-men like Martin Luther, Mohandas Gandhi, Lech Walesa. Women like Rosa Parks and Mother Teresa. People at all different levels of education and socioeconomic status who hold a basic understanding of some problem in the world and possess the fortitude and courage to make it change. What our future needs is a body of leaders who put understanding, communication and fairness above their own personal agendas. Men and women who value truth and benevolence more than anything else will save our nations in years to come, or the lack thereof will almost certainly destroy us. There is no gray area in an age when nuclear retaliation is available at the push of a button. So what’s the bottom line here? Well, let’s try something different this year. Read the Spinnaker. Watch CNN. Talk to your parents and grandparents about what life was like when they were young. But don’t take our words for it-think about it a little as well, and make your own informed decisions about current events. It’s a tall order in this finger-pointing’, chain-restaurant-eating’ prime-time-centric world we live in, but I think you can do it. It’s going to be almost impossible in years to come to have a lasting, positive impact in this world unless you know at least a little bit about it. Go out and make yourself a part of the world this year. You’ll make your momma proud, and you might just learn something in the process. E-mail Ace Stryker at spinnakernews@yahoo.com.

Corrections

In the June 21 issue:

- Photo credit for “University Announces New Provost” belongs to Ian Witlen.
- Illustration credit for “Ospreys Tour Europe...” belongs to Robert Pietrzyk.
- Photo credit for “Golf ends season...” belongs to Sports Information
- Photo credit for wire stories “Sunscreen ...” and “Focus on function...” belongs to KRT.
- Conference title mentioned in mens golf article was referring to Jeff Dennis’ conference honors, not to a team conference win.
- 2005-2006 season was not golf’s first year in D-I.
- Yemisi Bolumule should have been referred to as Dr. in the CCB picture.

Letters to the editor are encouraged and accepted, but all letters must include the author’s name as well as the academic classification and major for students, working title and department for faculty members, or company name or home address for people outside of UNF. No anonymous letters will be published. Letters will be verified for authenticity before publication. Letters may be edited for content, grammar, word length and libel. Letters should not exceed 300 words in length. The ideas expressed in letters published in the Spinnaker do not reflect the opinions of Spinnaker staff or the university. Submit letters to uspinnak@unf.edu.



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Student builds nest on Osprey grounds

By ACE STRYKER
NEWS EDITOR

Lindsay Wilkes spent her senior year of high school like a lot of the other kids in her class. She studied hard, worked part-time and shot pool with her friends on the weekends. Like a lot of the other kids, perhaps, except she was homeless through almost all of it.

Wilkes is a freshman at the University of North Florida this summer. She lives in the dorms now and plans to study to become a veterinarian. But this time last year, she said, she'd never have imagined ending up where she is now.

Wilkes said the trouble in her life started about midway through her junior year at Englewood High School when she, her father and her brother found themselves moving around to different friends' houses and apartments while searching for a steady source of income. In the summer of 2005, her father moved up to South Carolina to deal with personal issues and Wilkes elected to stay behind and finish school in Jacksonville.

"The whole reason I stayed down here is because I didn't want to move around as much," Wilkes said.

However, the next year turned out to be a roller coaster ride of transience among her friends' houses and ultimately with several people she "knew absolutely nothing about," relying usually

on each host's good will for only a few weeks before moving on.

Throughout the ordeal, Wilkes continued to attend school and work 30 hours a week at a local Golden Corral. She walked to most places she needed to be, because she didn't have a car. Most people at school didn't know anything about her situation, she said, because she preferred to confide in only a few close friends.

The last stop on Wilkes' break-neck tour of Jacksonville's living accommodations was the home of her boyfriend, Matt Stumph. Before the series of events that would bring her to UNF, she stayed there for about six months with Stumph and his family.

It was Matt Stumph's mother, Mary Stumph, who first suggested to Wilkes that she consider applying to college after high school. Before that, Wilkes said, she never gave much serious thought to the notion, despite her exceptionally high 3.93 graduating GPA.

"My guidance counselor never helped me with filling out college applications," Wilkes said. But Mary Stumph, who works as a legal assistant in the Office of the General Counselor at UNF, took it upon herself to plead Wilkes' case to John Yancey, an employee in UNF's Office of Admissions.

Together, Yancey and the Stumphs made it a personal quest to see the newly-aspiring university student through the



PHOTO BY VALERIE MARTIN

Freshman Lindsay Wilkes spent most of her senior year at Englewood High School homeless. Now she lives in the dorms on campus and plans to become a veterinarian. She finished high school with a 3.93 GPA.

application process, Wilkes said. They helped her fill out all the necessary forms and apply for every scholarship they could find, she added. The result was overwhelming success.

"For my freshman year I've got everything covered," Wilkes said. She now has a letter of admission, several scholarships to pay every school-related expense for the year, a job in the campus bookstore and a dorm to call home-although she said she still tries to spend at least one night a week at the Stumphs'.

"She's a really good mom," Wilkes said of Mary Stumph.

Her relationship with Matt Stumph continues to thrive as well, she added.

When she looks back on everything she's been through in the past year, Wilkes said she never really feels sorry for herself or wishes that things would've turned out differently.

She links her decision to stay in Florida and take her chances on a place to live directly to the opportunities that granted her a shot at a college education.

"I'm extremely excited," Wilkes said. "It was all worth it."

E-mail Ace Stryker at spinnakernews@yahoo.com.

Greek life flourishes within university

By TAMI LIVINGSTON
MANAGING EDITOR

Greek Life at the University of North Florida expects to continue its growth during the coming year with the addition of five new fraternities and possibly one new sorority. The new fraternities expected to establish themselves at the University of North Florida include Phi Beta Sigma, Omega Psi Phi, Sigma Phi Epsilon and Delta Upsilon.

Sigma Phi Epsilon is the largest fraternity in the world and is expected to be on campus by January, said Tyler Young, Greek life coordinator. Delta Upsilon is UNF President John Delaney's fraternity and will begin recruitment in September. According to Young, Phi Beta Sigma and Omega Psi Phi are both awaiting final approval. Fourteen fraternities showed interest in coming to UNF last fall, Young said.

"Greek Row has generated a lot of interest for the university," Young said.

Surveying of a 23-acre section of campus for Greek housing was just finished and construction is expected to be completed in the next two or three years he said. That has drawn many organizations to UNF who are interested in helping develop Greek life.

Currently, UNF has just under 1000 Greeks, nine fraternities, five councils and eight sororities all with plans to expand. Other schools, such as University of Florida, have over 60 Greek organizations, Young said.

"I think it's an important component of student life," Delaney said. "We'd like to offer as many activities and alternatives for students as we can."

Greek life recruited almost 350 new mem-

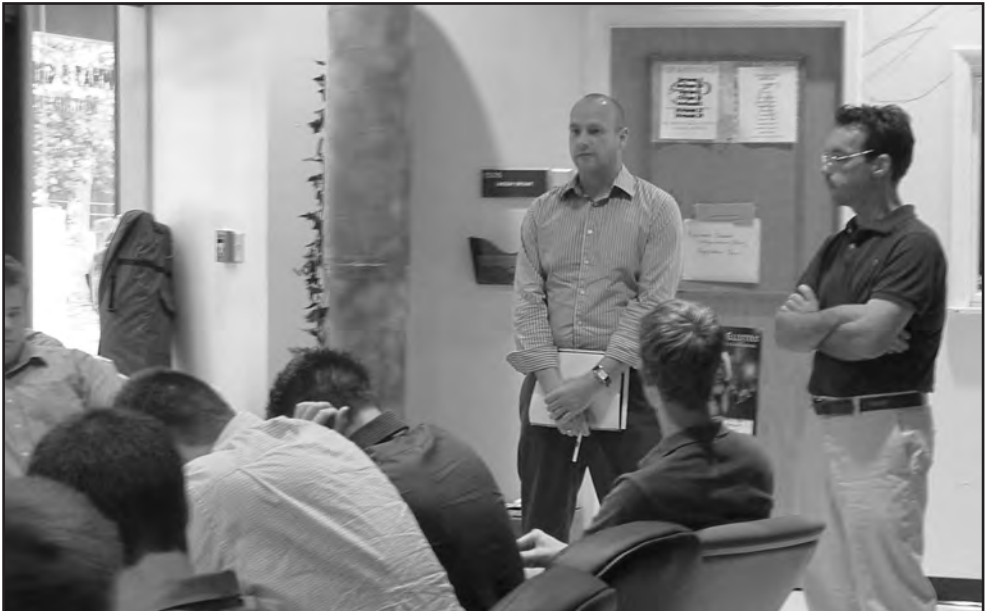


PHOTO BY TAMI LIVINGSTON

Representatives from Delta Upsilon confer with presidents of established UNF fraternities earlier this month. Delta Upsilon is expected to be one of five fraternities that comes to UNF this year.

bers last year and tripled in size. They now compose 13 percent of the student population of UNFm according to Young. Membership for each fraternity and sorority ranges from 1-100, he said.

"I think this university is just discovering what Greek is about," said Young. "We will keep expanding as UNF keeps expanding."

Farrah Pompilus, president of the National Pan-Hellenic Council of UNF and member of Delta Sigma Theta, doesn't think that so many Greek options will diminish interest or participation

in Greek life.

"Just because there are a lot of fraternities and sororities available doesn't mean that we will be pulling too many people from the same group [those interested in Greek life]" Pompilus said. "Someone is going to join a certain fraternity or sorority because that's where their heart is and they know they belong."

To become a recognized UNF Greek chapter, each fraternity and sorority must adhere to guidelines set forth by the university and also its parent organizations.

E-mail Tami Livingston at spinnakermanaging@yahoo.com.

Jam finds home in Arena

By TAMI LIVINGSTON
MANAGING EDITOR

The University of North Florida Arena will soon be home to another sports team: the Jacksonville Jam. The Jam is a professional basketball team that is part of the American Basketball Association and plans to play its upcoming inaugural season in the UNF Arena.

The team picked the UNF Arena for a variety of reasons, according to Felix Krupczynski, general manager of the Jam.

"We had two goals for a venue," said Krupczynski. "One, that it was a decent size, and since the arena has 5,800 seats that's great, and two, we ended up with some ideal dates that worked for us."

The Jam is scheduled to play 13 Friday night games and five Sunday afternoon games in the arena, Krupczynski said. The team will play its games at UNF but is currently looking for a practice facility elsewhere.

Besides bringing professional basketball to Jacksonville, the Jam will focus on creating an unforgettable game day experience for fans, said Anne Krupczynski, president of the team.

"Things like our game day jam will bring the fans in early and have them stay late," she said.

Raffles and other activities are also planned to involve the fans. One of the most ambitious ideas geared toward getting fans excited is the Jam Squad, a group of five Jam mascots named Max, Izzy, Flex, Zo and Ziggy that will assist with fun and games.

"We don't just want it to be a game, we want it to be an experience for the whole family," said Anne Krupczynski.

Part of the experience is the fun and funk that the ABA is known for, she added. From the red, white and blue basketball to the "3-D rule" that makes some shots worth up to four points, fun and entertainment are the goals of the Jam, she said.

Tryouts for the Jam were held in the arena on July 8 and four potential team members have a chance to make the cut, according to Steve Tucker, head coach and director of operations.

"It was a really good day," said Tucker. "It was very competitive and got us off to a good start."

Another round of tryouts will be held on July 29. In mid-October the team will head to training camp and may have a few exhibition games before the season officially starts Nov. 1, Tucker said. American Basketball Association playoffs will be held in mid-March.

The team will have 10 to 12 players on its active roster and two to three players on its developmental squad, Tucker said.

Tucker has coached sports teams for 27 seasons, both in the U.S. and internationally. He said he is excited to be at UNF and at the prospect of being part of a championship team. The ABA currently has 58 teams around the United States and is the largest professional basketball association in the country.

Not only will the Jam games bring people outside of UNF to the campus, but it will also provide students with another entertainment opportunity, said UNF President John Delaney.

"UNF plays 17 sports and we are always happy to link them to the community," Delaney said.

E-mail Tami Livingston at spinnakermanaging@yahoo.com.

SPINNAKER

7-DAY FORECAST

For updated weather, visit eSpinnaker.com.

SOURCE: NOAA

Wednesday
July 26

Partly Cloudy

74/95
Rain: 20%

Thursday
July 27

Partly Cloudy

74/92
Rain: 40%

Friday
July 28

Partly Cloudy

74/92
Rain: 40%

Saturday
July 29

Partly Cloudy

74/93
Rain: 30%

Sunday
July 30

Partly Cloudy

75/92
Rain: 40%

Monday
July 31

Partly Cloudy

74/93
Rain: 40%

Tuesday
Aug. 1

Partly Cloudy

74/92
Rain: 40%

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Depression remains high among college students

BY SHEENA PEGARIDO
CONTRIBUTING WRITER

A fall 2005 survey by the American College Health Association reported nearly half of all college students say they feel so depressed at least once during the school year that they have trouble functioning.

The survey, a part of the National College Health Assessment, reported that out of a sample of almost 18,000 students from 29 schools across the country, 42.3 percent reported they have experienced at least one bout of depression.

The same study also reported that 17 percent of the students said that they have been diagnosed with clinical depression, up from 10 percent as reported in the spring of 2000.

Irene Markman Geisner, the lead author of a study conducted by the University of Washington regarding student depression and intervention, said in a June 2006 news release that having a gloomy mood also affects a student's overall well-being.

"At any given time, up to 35 percent of college students have depressed moods," said Geisner. "They are not clinically depressed, per se, but their mood clouds their academic and social lives and puts them at much greater risk for clinical depression."

The National Institute of Mental Health pays special attention to college students on its Web site, www.nimh.nih.gov. It cites common stressors of college life such as facing greater academic demands, having greater responsibility, being alone in a new environment and preparing for life after college as some of the factors that may contribute to depressive episodes in some students.

Reena Sheth, one of the staff counselors at the University of North Florida's Counseling Center, said that depression is one of many significant mental health issues that students battle. She also said that it affects many aspects of a student's life.

Sheth said that depression or having a depressed mood can have a drastic impact on a student's academic life. She said depressed students tend to have difficulty going to classes and concentrating. Also, a student's

eating and sleeping habits are affected. They either have too little or too much. Sheth said this not only influences how much they accomplish during the day, but also weakens their immune systems, making them more prone to sickness.

But above all, Sheth said, relationships with other people are affected.

"For a college student who's away from home, a lot of support-emotional, psychological-comes from friends," Sheth said. "But then when they are experiencing depression they can withdraw from their primary support system. So they're already lonely, then they withdraw, they become even more lonely."

Sheth said that friends and family who notice a drastic change in a student's behavior should first ask then listen.

"Talk to them and let them know that you are there for support, that you are not there to point out faults or accuse or judge," she said.

Sheth added that the Counseling Center is also a great resource. She said she saw an increase in UNF students coming to the Counseling Center over the years.

"A couple of years ago or even a decade ago, going to a counselor still came with a lot of negative connotations," she said.

"I think that over the years, the stigma attached with going to a counselor and talking about whatever is going on in your life has decreased. And that has also helped a lot of students come to counseling centers to get help."

But to avoid taking more serious action in the future, Sheth said that students should start taking care of themselves now.

"I'm a big believer of 'prevention is better than cure,'" she said. "Don't wait for things to get to a point where it becomes too stressful, too overwhelming. Then, ultimately, it can lead to depression."

Sheth adds that there are self-help ways for students to keep themselves healthy. She said eating well-balanced meals is essential, as well as getting six to eight hours of sleep. She also mentioned that time and stress management goes a long way.

"Look ahead," she said. "When you get your syllabus at the beginning of the semester



ILLUSTRATION BY ROBERT PIETZAK

The National College Health Assessment. reported that more than half of college students experience feelings of depression. Students diagnosed with clinical depression has increased by 10 percent since 2000.

for all your classes, look at when are things due. Use a big calendar and put all your major assignments on it. It's a visual reminder."

Sheth also adds that when planning, students should not only think about things they have to do.

"Also plan for things that you

want to do," Sheth said. "Plan to de-stress also in your day-to-day life. Every day, depending on how much you have to do, you should have something that you do just for yourself."

The UNF Counseling Center provides confidential counseling for individuals, couples and groups.

The services are free of charge for students. The office is located on the 2nd floor of Bldg. 2. For more information, call (904) 620-2602.

E-mail Sheena Pegarido at uspinnak@unf.edu.

DONOR: veteran, millionaire and philanthropist

from page 1

students with exceptional merit or financial need.

In the larger Jacksonville area, Neviaser provided the Community Hospice of Northeast Florida with a large donation to support its operations.

In 2000, Neviaser donated \$1 million to the hospice, which enabled the founding of the Charles M. Neviaser Educational Institute.

The institute provides clinical education to clergy, physicians and other health care professionals for "end-of-life care," according to its mission statement.

Susan Ponder-Stansel, president of Community Hospice, said in a Florida Times-Union interview that Nevaiser felt inspired to help the efforts of the hospice after being impressed by the care a friend received there.

Neviaser's philanthropic endeavors were not limited to

Jacksonville. He also donated money to several foundations in Virginia, where he grew up. Virginia Tech's business and athletics programs benefited from over \$1 million of Neviaser's donations, which provided scholarships for students. Neviaser was also involved in founding the Fairfax Hospital in Fairfax, Va.

According to a press release from the UNF Athletics Department, much of Neviaser's generosity was motivated by his experiences as a young man.

Neviaser grew up without a father figure in his life and throughout childhood lived with his mother and brother in other peoples' homes or boarding houses. This lifestyle compelled him to help young people in later years.

Neviaser demonstrated talent not only in philanthropic decision-making. He enjoyed a highly successful professional career as well, ultimately becoming a self-made millionaire.

Neviaser served in the United States Air Force for four years in World War II. After serving in

the military, he opened Buddy's Style Shop in Virginia. He later ran a successful real estate business in the Washington, D.C. area.

In addition, Neviaser was President of the Fairfax Chamber of Commerce and one of the founders of the Potomac Bank and Trust Company. He joked that a man should change jobs at least every 10 years to avoid becoming bored and stale.

Neviaser continued this pattern until 1984, when he moved to Jacksonville with his wife. Here, he continued his successful career with real estate and also became a private financial investor. This was his third and final career.

Neviaser once told a friend, "The act of giving is tangible proof that we live for more than ourselves."

His service for UNF and the Jacksonville community continues to leave impressions that reflect that philosophy.

E-mail Rachel Elsea at uspinnak@unf.edu.



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Students rock out with lectures through iTunes

By SANDY NININGER
CONTRIBUTING WRITER

In the not too distant future, your iPod may be the best way to review a class lecture, watch a multimedia presentation for class, see your professor's latest podcast, get up to date information about campus activities or even study for a test.

The University of North Florida, which was recently selected as an approved Apple iTunes U campus, plans to use the service to increase learning opportunities for students, faculty and the local community. Apple's iTunes U is a free, hosted service that allows universities and colleges to offer access to a variety of audio and visual educational content via iPods, Macs or PCs.

There are currently 55 post-secondary schools in the United States that participate in the program. UNF is one of only three schools in Florida to have been selected.

"A lot of other schools did apply and have not been awarded the program," said Deb Miller, assistant director of faculty enhancement in the Center for Instruction and Research Technology at UNF. She speculated that UNF's commitment to providing transformational learning opportunities, copyright guidelines and existing digitization capabilities helped secure the program.

UNF Web master Garry Houser credited Miller for spearheading the application process.

"I have to give Deb a lot of credit for getting us accepted for this program. She really went through a lot of hoops in order to secure this for the university," Houser said.

Miller was quick to point out that she had help on the application committee. She emphasized that the initial application committee had faculty members from various disciplines and information technology marketing, and publication specialists.

Miller also explained that an increase in the use of digitized materials in the classroom led to the search for a more comprehensive process to access audio and visual materials.

"When this opportunity became available, we pulled together a larger university-wide group to talk about the ways this could benefit students and the local community," she said.

Among the many iTunes U benefits discussed were the flexibility and convenience of accessing educational content.

"Students enjoy and value having access to information in ways that are flexible," said Miller. "iTunes U is not limited to just people with iPods. You can use iTunes on your computer whether you're a Mac or PC

user. Anyone can get at the content."

Miller added that all content will be developed locally and designed specifically for the UNF audience.

"It's not going to be a download of a new CD or something like that. It will be original content," Miller said.

"iTunes U provides another opportunity to position UNF and its uniqueness," Houser said, who is a member of the content sub-committee. "My focus will be working with the sub-committee on organizing site content. Our plan is to have some content available only to students enrolled in a particular class, some content available exclusively for all faculty and students and other content open to the community at large."

Houser also indicated the content sub-committee will focus on how two of the iTunes U pilot universities, Stanford University and the University of Michigan, organized their content.

Miller and Houser, along with Alison Cruess, Communications Coordinator for Information Technology Services at UNF, cautioned that the iTunes U program is still in its infancy at UNF.

"There is still a significant amount of work investment needed on the part of the university to get it set up and going," noted Miller.

"Everything is still in the development stage," Cruess agreed. "We just recently received the program package from Apple. We're working to determine the best ways to tie in existing systems."

Cruess said things like integrating Blackboard, myWings or other sign-on options are being investigated.

"We're also working on support for tools on the site, player device support and developing and managing the site itself," she added.

A test site is expected to be available to a select audience sometime during the fall 2006 semester, with a larger rollout anticipated in spring 2007. However, no definitive dates are set yet.

"There is no set timeline for an operational date," said Miller. "There will be a plan to develop some things through the fall term."

Despite the large amount of work ahead, Miller is enthusiastic about the increased educational opportunities iTunes U will provide. She noted that "podcasting" will enable instructors to add new content that can be instantly downloaded to students' iPods.

"I think it has a lot of potential," Miller said. "Of course, just like any other tool at UNF, each instructor will have to decide how it best suits their goals."

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ILLUSTRATION BY ROBERT PIETZAK

Students may soon be able to download lectures, presentations and pertinent information regarding exam material to iPods. Faculty are currently working on integrating Apple products with Blackboard and myWings.

In Brief NEWS

University sends out dates for fall term

In an e-mail from University of North Florida administration last week, a brief schedule outlining some important dates regarding the fall 2006 term was provided for students.

Registration for fall classes began July 24, and classes begin Aug. 28. The deadline for fee payment for fall semester is Sept. 1. More information can be found at <http://www.unf.edu/view/current/onestop.html>.

Students develop drug testing kit for law enforcement

A group of engineering students at the University of North Florida has created a kit that automates the process of making drug testing kits for police

officers, relieving much of the manual work that officers formerly had to do. The students were led by Dr. Daniel Cox of UNF's Mechanical Engineering department. For the project, the group paired up with Armor Holdings Inc., a company that manufactures equipment for law enforcement officials.

First-ever law camp met with no objections

Students from four different high schools in the area met at

the University of North Florida July 19 to 21 for the university's first-ever legal camp, where they heard from local professionals and took a tour of Duval County's legal facilities. UNF's Legal Studies Institute and the Division of Continuing Education sponsored the camp, called FutureNOW! On the last day of camp, the students participated in a mock trial at UNF where they exercised what they'd learned and gave a final verdict.

Florida "sales tax holiday" runs July 22 to July 30

In cooperation with the Florida Department of Revenue, state residents are enjoying a brief respite on sales tax for all "back to school"-related items. Among the materials that can be purchased tax-free are all books and clothing with a sales price of \$50 or less and school supplies costing \$10 or less. The holiday will continue until July 30, when regular sales tax rates will recommence.

Parking permits on sale August 1

Prices and availability dates have been set for University of North Florida parking permits for the 2006-2007 school year. For students seeking year-round parking in general lots, the price is \$146. Permits for Lot 18 parking are \$73 for the upcoming year. For fall term-only permits, general parking is \$88 and Lot 18 parking is \$44. Students can purchase parking permits from the cashier's office beginning Aug. 1 at 8:30 a.m. For more information, visit <http://www.unf.edu/parking>.

University professor conducts prison study


Dr. Michael Hallett, chair of the Department of Criminology at the University of North Florida, is working in tandem with an expert from the University of Cambridge to explore the problems plaguing private-and-public-sector prisons. Dr. Alison Liebling, Director of the Prison Research Centre at Cambridge visited UNF to lecture and collaborate on how to stem the tide of prison suicides. In an influential study undertaken by Liebling, she drew a correlation between prisoner stress levels and the likelihood of suicide. Liebling and Hallett visited Florida and Georgia prisons to see their theories in action. Hallett will also lecture at Cambridge this summer on his own research.

Students analyze "Da Vinci Code" film

According to University of North Florida students enrolled in a class taught by Dr. Katherine Gill, "The Da Vinci code" was a distinctly underwhelming affair. Gill's class, which analyzes the controversial aspects of the book-turned-movie, may have caused students to be more analytical than the standard moviegoer. The students' biggest criticism with the movie was its disappointing lead characters. While her students may have panned the film, Gill believes it served its purpose by creating an open discourse among its viewers.

Compiled by Ace Stryker and Matt Coleman.

SQUAWK BOX



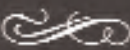
"For the love of God, will you put up a picture...people are going to think you're deformed."

— statement made by Jennifer Rogers on Facebook

Squawk Box Quotes of the Week in no way reflect the opinions of the Spinnaker editors or staff.

Submit your Photo of the Week to the Spinnaker Squawk Box by e-mailing it to uspinnak@unf.edu or dropping it by the Spinnaker office in the Robinson Student Center, room 2627.

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When winds turn dangerous

By SARAH HOUSTON
FEATURES EDITOR

In recent years, hurricanes have seemed to become worse, receiving National and worldwide attention. The key to hurricane awareness is being prepared as much as possible for an upcoming storm.

A hurricane is defined as a tropical cyclone with sustained winds of 74 miles per hour according to the National Hurricane Center. During the hurricane season, which is June 1-November 30, hurricanes can be a daily topic of conversation for Floridians. The peak of hurricane season is between about August 15-September 30, according to www.flhurricane.com.

All hurricanes should be taken seriously. However, some are not as dangerous as others. Many tropical storms can cause as much damage as hurricanes. When a tropical cyclone or storm reaches the appropriate miles per hour, weather officials categorize the storm. The categories range from one to five, one being the weakest and five being the strongest. Each category had specific miles-per-hour range and describes what potential damage may go along with the category. When a storm is categorized as a hurricane, it is also named.

The National Hurricane Center has been naming hurricanes since 1953, in

order to eliminate errors of longitudes and latitudes. Also, naming a hurricane allows information to be spoken quicker. In the beginning, only women's names were given to hurricanes. Then in 1979, the NHC introduced men's names into the list. The lists of names are issued and the same names will be recycled after six years. For example the names used in the 2006 hurricane season will also be used again in 2012. Each hurricane season starts at the beginning of the alphabet with each assigned name, excluding letters Q, U, X, Y and Z. If there are more than 21 hurricanes, which has happened in the past few years, the names will then start into the Greek alphabet. After a storm gets categorized and then named, the weather service puts out a hurricane watch or warning for the areas affected.

A hurricane watch states that "there is a threat of hurricane conditions within 24-36 hours," according the National Hurricane Center. If conditions worsen, a hurricane warning is issued. This states that there will be "winds of 74 miles an hour and/or dangerously high tides and waves. Actions for protection of life and property should begin immediately when the warning is issued," according to the Web site. Both of these especially

include coastal areas, which usually get the most damage.

Each coastal area also has routes to travel in case of an evacuation. If an evacuation is issued, then the University of North Florida Arena can be used as a shelter but not for the outside community, according to 2003 Crisis Management Plan sent out by the university. Only in extreme cases will evacuations be necessary.

With the peak of hurricane season approaching, it is necessary to educate yourself. Expect the unexpected. Every year, First Coast News distributes an extensive hurricane preparedness guide to help residents prepare for each hurricane season. Other topics the guide covers are the outlook for the hurricane season, terms to be familiar with, a tracking guide, evacuation routes, emergency numbers and a supplies checklist. Some of the recommendations for supplies include bottled water, non-perishable foods, flashlights, batteries and a first aid kit. For more information on the 2006 Hurricane Preparedness Guide, check out www.firstcoastnews.com.

The deadliest hurricane on record took place in Galveston, Texas in 1900, which took 6,000 lives. The hurricane is considered a Category 4.

E-mail Sarah Houston at spinnakerfeatures@yahoo.com.

ILLUSTRATION BY ROBERT PIETRZYK



ZAN ON THE STREET

BY ZAN GONANO
CONTRIBUTING WRITER

Hey guys, what's happening? I hope everyone's summer is moving along nicely. We have a lot of concerts coming to Jacksonville between now and the beginning of the fall semester.

First off is Jack Rabbits, located downtown on Hendricks Avenue, which now has a Web site that's worth checking out, particularly for punk music, at www.jackrabbitonline.com. They have shows scheduled almost nightly, so check out the site and see for yourself if any of your favorites have a gig lined up.

Another downtown hangout is Fuel, which is located in Five Points. Fuel also has music almost every night and is on Myspace.com, so check them out at www.myspace.com/fuelin5pts for future concerts and events.

The third venue downtown known for live music is thee Imperial. Another haven for punk music, thee Imperial has some hip-hop and other acts scattered throughout the calendar. You can check out upcoming shows for the venue at www.myspace.com/theeimperial.

All three venues have plenty of acts booked through August, so if you're in the mood to head downtown and catch some tunes, just browse through their sites.

Freebird Live is somewhat slow during the summer, but they have a few shows worth mentioning, such as a performance by the poster boy of the Kentucky waterfall, Billy Ray Cyrus. He is playing tonight, July 26. Tickets for the show are \$25. Blueground Undergrass plays Saturday, August 12 and tickets for the show are \$10. Perpetual Groove plays Friday, August 18, and tickets are again \$10.

Elsewhere around town, Lagwagon and A Wilhem Scream will play at Plush Wednesday, August 2. Molly Hatchet comes rocking into town at the Morocco Shrine Auditorium Saturday, August 5. Tickets can be found on Ticketmaster for either show.

That's about all that is worth mentioning right now. Things will crank back up with plenty of shows coming to Freebird and other venues once the fall semester kicks off.

E-mail Zan Gonano at uspinnak@unf.edu.

The return of Superman steels audiences' attention

BY SHAUNA O'BRIEN
CONTRIBUTING WRITER

It has been a long time coming, but "Superman Returns" with power as the "Man of Steel" comes back to the city of Metropolis after a five-year hiatus in which crime has run rampant. The story showcases the enticing characters that have been adored by fans since the beginning, when Superman was a hero by comic book standards only.

Lois Lane, a reporter for the Daily Planet, has moved on in her life and her profession, preferring to forget the love she once had with the mysterious superhero. Lex Luther, the pervasive arch-enemy of Superman, also returns, ripe from jail and full of ideas that will make up a majority of the movie's plot. The beloved tale of good versus evil, mixed with a little romance and heartache, makes for a phenomenal hit that has made the wait worthwhile.

The opening credits for "Superman Returns" will bring a sense of nostalgia to those who are fans of the original "Superman" movies, which starred Christopher Reeves as Superman. The graphics for the introduction are the same as those used in the original movies, as is the musical theme that will be recognized by many. It is here that the similarities end.

Brandon Routh enters into his movie debut as Superman, aka Clark Kent. Routh is a refreshing face to motion pictures, especially those based on comic books that are usually loaded with well-known actors. Routh does an amazing job of exuding a



PHOTO COURTESY OF WARNER BROS. PICTURES

"Superman Returns" grossed more than \$52 million in the first weekend at the box offices.

strength and simplicity to the role of the superhero while portraying a bumbling reporter pining over his co-worker, Lois Lane.

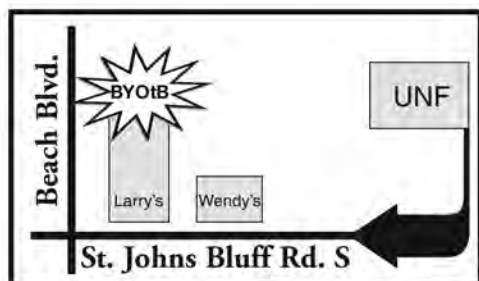
Although a familiar face, Kate Bosworth shines as the young and competent Lois Lane. Lane is engaged to her editor's nephew, played by James Marsden, and has a young son. She has won a Pulitzer for an article she wrote, entitled "Why the World Doesn't Need Superman." All in all, she has moved on from her past love affair with Superman and the broken heart she was left with when he suddenly disappeared. Naturally the story would not be complete if some of those past feelings weren't forced to come to the surface, only complicating the situation even further.

Rounding out the cast is Kevin Spacey as Lex Luther. Nobody could have depicted evil quite as blissfully as Spacey, who takes on

the role with the familiar shaved head. Luther has his usual plans of ruining Superman, all while taking over the world. No surprises there, yet any "Superman" movie would not be complete without his wickedly complex ways. Spacey, a seasoned and well-established actor, is the perfect person to play Luther.

Warner Bros., along with director and producer Bryan Singer, have created a phenomenal blockbuster that has undoubtedly relaunched the success of the Superman franchise. A new "Superman" flick has figuratively been in the works for over a decade. Adults, children, men and women alike will enjoy this movie based on characters that have been a part of the lives and culture of Americans for generations.

E-mail Shauna O'Brien at uspinnak@unf.edu.



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Wrong clothing might flip-flop applicant out of a job

By JAMIE LIVENGOOD
McCLATCHY-TRIBUNE NEWS SERVICE

Pajama bottoms, hooded sweatshirts and flip-flops may be appropriate attire for an 8 a.m. psychology lecture, but recent college graduates looking to enter the workforce might have to change their sartorial habits in order to make a good impression on job interviews and in the office.

“Appearance can have a large impact on an employer’s first impression of a candidate,” said Karen Dankers, a career counselor at the University of Pennsylvania. “A professional appearance can show good judgment, an understanding of the importance of the interview and a strong interest in the company.”

According to a survey from the National Association of Colleges and Employers, 73 percent of employers said that an interviewee’s grooming would have a “strong influence” on their opinion of a candidate. The survey also showed that employers pay attention not only to an interviewee’s attire, but also to details like facial hair, piercings and hair color.

While it’s common sense that appearance plays a large role in making a good impression, stu-

dents may have a more difficult time figuring out exactly what is appropriate.

“I’ve had students ask everything from ‘What’s the difference between business and business casual?’ to ‘Should I take out my nose piercing?’” said UPenn career counselor Aileen Kyung Kim.

Melissa Payner, CEO of the online clothing retailer Bluefly.com, has some style tips to take some of the guesswork out of dressing for an important interview. Payner suggests, better to be over-dressed than overlooked. You should always be a little more dressed up than your interviewer as you are ultimately dressing to impress. Ask yourself if you would wear it to see your grandmother. If not, why would you wear it to a job interview? Furthermore, stay away from clothing that is too revealing or suggestive. Accessories can make or break your chances of landing a job. Keep it to a minimum and always err on the side of conservative style. Payner also says to be comfortable and confident in your choice of wardrobe; it will show in your body language.

One trick is to do a little research into the company’s office culture before an interview because appropriate dress

varies by industry, according to Kim. It may even be a good idea to ask a friend who has already interviewed with the company about the office dress code.

“Some Wall Street firms and banks are very conservative and want women to wear skirts, not pantsuits,” Kim said. “There is more creative license in other industries, like at a style magazine, and tech industries tend to be more casual.”

There are some things that should be avoided no matter what kind of job a graduate is interviewing for: loud prints, miniskirts, messy or dirty looking hair, unshaven faces, T-shirts, jeans, sneakers, flip-flops and hats are always interview fashion faux pas, according to Payner. Candidates should also steer clear of heavy perfume or aftershave, as interviewers may be sensitive or allergic to some scents.

“At an interview you should always strive to be polished and presentable,” Kim said. “Check the details; make sure no buttons are missing.”

Payner stresses that candidates don’t have to splurge on clothing before going on an interview or starting a job. Young professionals on a budget can buy just a few pieces from the current season’s trends and



ILLUSTRATION BY ROBERT PIETRZAK

mix and match them with what’s already in their closet.

“You don’t need a whole new wardrobe to land a new job,” Payner said. “Timeless fashion basics from previous seasons, like button downs, simple black

dresses, pants and even ties, never go out of style. Looking good doesn’t mean breaking the bank.”

Distributed by McClatchy-Tribune News Service.

It’s about time for Murdoch’s serene debut album

By ACE STRYKER
NEWS EDITOR

For die-hard Alexi Murdoch fans over the past two years, mention of a forthcoming full-length album was always made in hushed tones and with mingled hope and frustration, as if to speak it aloud was to invite the wrath of the gods who had already plagued the project with delays and setbacks.

But on June 6, the long-awaited release, titled “Time Without Consequence,” made a debut that, although accompanied by minimal fanfare among the populous at large, stands to prove Murdoch as one of the most promising young contemporary folk artists of 2006.

Up to this point, Murdoch fans had been relegated to endless replays of a four-song EP, appropriately titled “Four Songs” released back in 2002. Murdoch’s EP, while blissful, felt ultimately too brief to provide a good grasp of the Scottish artist’s subtle musical stylings. In the years between releases, many had begun wondering whether Murdoch’s creative juices had been so concentrated in his early songs that he found the well completely dried up when he returned to attempt production of a new album.

Murdoch responds in force to these doubts with the first track on the album. “All My Days” tells of the harrowing and vibrant story of his lifelong journey to find a better understanding of himself and his purpose. The rest of the album, while not as consistently focused and moving, follows suit with several high points that make for a solid and worthwhile release.

Murdoch’s tone is unquestioningly evocative of the late Nick Drake, another relatively obscure artist whose immense talent has been cited as an influence by the likes of David Gray, John Mayer, Elliott Smith



PHOTO BY ACE STRYKER

Alexi Murdoch fans can listen to his music and find out more information about him on his MySpace Web site at <http://profile.myspace.com/aleximurdoch>.

and even Jack Johnson. The quiet vocals and bare melodies over acoustic guitar leave much to the imagination as one becomes gradually immersed in the music.

At the end of the disk, Murdoch also treats the listener to a new, slightly more rhythmic recording of “Orange Sky,” the single that has slowly been penetrating the mainstream musical scene over the last few years by appearing in many film and TV soundtracks, including “Ladder 49,” “Garden State” and FOX’s “The OC.”

At an Orlando concert in June, Murdoch expressed his surprise at the growing popularity of his music.

“I really thought there would be five people here,” he said.

To the contrary, several dozen turned out to the free concert and enjoyed a personal meet-and-greet afterward. He also expressed his apprehension about “getting out into the world” after so many months of tweaking in the studio, a good-

natured nod to his time-consuming perfectionist tendencies during recording.

Murdoch’s self-effacing humor is a stark contrast to the generally heavy, thoughtful lyrics that characterize his work. When asked at the concert what the apparent preoccupation with time and its consequences, or lack thereof, prevalent in many of his songs is all about, he cheerfully responded, “It just rhymes with a lot of things.”

Alexi Murdoch is not an artist you’ll probably ever run across on the radio in one of those “Hey! I love this song! Let’s jam!” moments with all your friends like so many Black Eyed Peas songs tend to inspire. However, if you make the effort to consider the honest, moving melodies of his latest release you may just be rewarded in a way that is, hopefully, completely foreign to you.

E-mail Ace Stryker at spinmakernews@yahoo.com.



By MIKE PINGREE
McCLATCHY-TRIBUNE NEWS SERVICE

AND AFTER THAT, IT REALLY GOT BIZARRE

A car hit a horse on an interstate in L’Anse, Mich., and after police arrived to investigate, a second car hit the horse too. Then, an ambulance that came to transport one of the injured drivers, hit a moose on the way to the hospital.

OH, DON’T BE SUCH A TWIT, SEAMUS

Six American soldiers on their way home from Iraq were strolling around Ennis, Ireland, after their plane developed mechanical problems. An Irish anti-war activist confronted them and placed them under “citizen’s arrest” for violating Ireland’s neutrality act by appearing in public in uniform. The activist then called the cops, but was angered when the officer on duty not only refused to take the soldiers into custody, but “made light of the matter.”

YOU WERE TOO MY GIRL-FRIEND

A woman in Hong Kong ended what she characterized as a platonic friendship with a man after he exhibited “unpredictable, unstable and volatile behavior.” He responded by launching a “nasty” campaign against her; staging protests outside the school where she worked as a teacher and claiming that she was his girlfriend and that she had cheated on him.

OH, HERE’S YOUR PROBLEM

An investigation of the unexpected shutdown of a British federal agency’s main-frame computer revealed that it was caused by employees who had been sending each other thousands of pornographic e-mails because they were bored.

STILL AN IDIOT, I SEE

The Coast Guard rescued a man in the waters off Boynton Beach, Fla., after his powerboat started taking on water. The same Coast Guardsman had rescued the same man in the same place two years earlier.

DRINKING? WHAT MAKES YOU SAY THAT?

A driver in Des Moines, Iowa, crashed into six parked cars and some mailboxes before slamming into an oncoming car. Leaving his front bumper and license plate on the street, he drove off, ran a stop sign and rear-ended another car. After stopping to check the damage, he drove home, hitting two more mailboxes, running over his dog in the driveway and crashing into his house. He was laughing when the police came to arrest him for drunk driving. He told them that he had not been drinking.

HEY MON, I DOAN’ KNOW WHAT I’M SAYIN’ NOW

Doctors diagnosed a case of foreign accent syndrome after a woman in Newcastle, England, suffered a stroke and began speaking like she was from Jamaica.

E-mail Mike Pingree at mpingree@hotmail.com.
Distributed by McClatchy-Tribune News Service.

Evans Blue's energetic nature keeps fans from feeling blue

NATALIE NGUYEN
ASSISTANT SPORTS EDITOR

Heavy distortion brings alternative rock music back to its roots.

Evans Blue released its second album one year after its debut disc Cold But I'm Still Here. The rock quintet hails from Toronto, Canada and met each other through a musician's message board in 2003.

This album makes use of lead singer Matisyn's vocals that soar above the intricate harmonies of guitarists Parker Lauzon and Vlad Tanaskovic, bassist Joe Pitter and drummer Darryl Brown.

The Melody and Energetic Nature of Volume is a joint release between Pocket Recording Studios, co-owned by ex-Our Lady of Peace's Mike Turner, and Hollywood Records.

The Melody and Energetic Nature of Volume will remind listeners of a variety of sounds, artists and bands by combining producer Trevor Kustiak's talent and the band's skillful writing.

This album offers a variety of songs, which allows them the flexibility to appeal to a wide spectrum of music and rock 'n' roll lovers.

From elaborate double bass pedals, heavily distorted guitars and orchestral instruments, to the cover of fellow Canadian musician Sarah McLachlan's song "Possession," The Melody and Energetic Nature of Volume gives audience members something that is not too solemn, dark, or sinister while still giving a strong rock 'n' roll edge.

Evans Blue sees themselves as a singular unit rather than a band that is made up of five separate members. That chemistry shows flawlessly in each song. The band wrote all of the album's songs except for the McLachlan penned "Possession."

The album's third track "Cold (But I'm Still Here)" is one of Evans Blue's most notable songs that will grab immediate attention from audiences.



PHOTO COURTESY OF HOLLYWOOD RECORDS

Evans Blue is currently on tour rocking out around the United States including Florida.

Other songs that could possibly follow up "Cold" are "A Cross and a Girl Named Blessed" or "Beg." Fans of Chevelle, Tool and Evanescence will appreciate the full range of musicality Evans Blue displays on this album.

If rock lovers are looking for a new band that hasn't been played out on the radio, then Evans Blue's The Melody and the Energetic Nature of Volume is an album that should be added to any rock fan's collection.

E-mail Natalie Nguyen at uspinnak@unf.edu.

Meanwhile, in another part of town...



PHOTO BY SARAH HOUSTON

BY SARAH HOUSTON
FEATURES EDITOR

The Casbah Café, Cabaret and Hookah Lounge has been a Middle Eastern staple of Riverside for the past six and a half years. The Casbah is not only known for their food and hookahs but also their atmosphere, which allows restaurateurs to relax for hours. The restaurant offers a great array of Arabic music and belly dancers on Thursday, Friday and Saturday nights.

The Casbah serves an eclectic range of mazzza dishes a la carte. Some of my favorite dishes include stuffed grape leaves, hummus and fried Jibneh, which is Arabic cheese. Other choices include fried kibbie, spinach pies and pureed roasted eggplant called baba gannoush. Many customers choose an appetizer combo of three appetizers, or the Casbah combo for one, which includes a kabob plus your choice of two appetizers for \$13.95.

Entrees include kabobs, platters of marinated chicken or lamb, and Casbah pizza. The Casbah pizza is a pita with a choice of baba gannoush or fool, then topped with marinated artichokes, feta cheese, olives and tomatoes for \$7.95.

Make sure not to fill up too much on the food because you cannot leave the restaurant without trying one of their desserts. The classic Baklava is a favorite for only \$1.25. There is also a wide selection of cakes from a local bakery, which aren't to be missed.

Enjoy the atmosphere of the restaurant and your delicious dessert by sipping on a drink such as soft drinks, tea, coffee, juice and a wide selection of beers and wines. The restaurant's long list of beers and wines make for a great opportunity to try drinks of different countries. For example, try a "half and half," which is half Harp and half Guinness.

The main thing the Casbah is known for is its hookah lounge. These large water-filled pipes, known as argillehs, have flavored tobacco in them. With a vast selection of tobacco flavors to choose from, I recommend the apple, mint or grape. The hookahs range in price from \$10-\$12. Some other interesting flavors are bubble gum and cola. You can have some of the hookahs filtered with apple juice, milk or rose water to add extra flavor, but these hookahs will cost you anywhere from \$18-\$23.

The Casbah Café has won many awards from Jacksonville magazines for being one of the best places to eat in Jacksonville. The restaurant is open late seven days a week and is located at 3628 St. Johns Ave. They can be reached at (904) 981-9966.

E-mail Sarah Houston at spinnakerfeatures@yahoo.com.

ebay **extravaganza**
Compiled by Sarah Houston

- Tired of school? Now you can just drop out and buy this kit to make you're own diploma. Always wanted to go to Harvard Law School? Now you can for only \$29.95! All you need to find now is some way to buy your soul back from the devil.
- A sign for your pool to make sure your guests remember one thing not to do. "It says Welcome to the OOL: Notice Theres No "P" In It So Please Keep It That Way."
- Save yourself from telling people you're a loser, buy the I'd Rather Be At A Barry Manilow Concert bumpersticker! I'm sure there are some Fanilow's out there that love this.

By Tami Livingston

discovered



Pinky and the Brain Vol.1 (DVD) — "Pinky and the Brain, Pinky and the Brain. One is a genius, the other's insane. They're laboratory mice, their genes have all been spliced. They're Pinky and the Brain, Brain, Brain, Brain..." Oh, did I sing that out loud?



Now That's What I Call Music! 22 (CD)— Another collection of one hit wonders and songs that were good for like 5 seconds. Listen to this CD six months from now and you'll have the urge to smack yourself.



Basic Instinct 2 [Unrated, Extended Cut] (DVD) — Fourteen years later, it seems like something would've changed for depraved novelist Catherine Tramell, but not so much. She's still at the



Prey (PC) — Feel like saving the world today? How about finding your inner strength? Well you can do both in this game. Not only will you save the world, but you will also grow as a person.



Perry Mason Season 1, Vol. 1 (DVD) — Way before "Matlock" and way before the "Law and Order" series, this detective/lawyer ruled the courtroom and the screen.



American V: A Hundred Highways - Johnny Cash (CD) — It's always a little creepy when a deceased artist puts out a new album. It just seems wrong on so many levels.

OSPREY DIVERSIONS

Wed., July 26

- Rumor Has It, 8 p.m., Bldg. 14, room 1700
- Stroke 9, 8:00 p.m., Jack Rabbits

Thu., July 27

- Taking the AX Out of Taxes, 6 p.m., University Center
- Train, 8 p.m., Florida Theatre

Fri., July 28

- Annapolis, 8 p.m., Bldg. 14, room 1700
- Phunk Junkeez, 8:30 p.m., Jack Rabbits

Sat., July 29

- The Florida Ballet presents Summer Scorchers, 7:30 p.m., The Florida Theatre

Sun., July 30

- Summer Movie Classics: The War of the Worlds, 2 p.m., Florida Theatre

Mon., July 31

- Open Registration, 8 a.m., myWings

Tue., Aug. 1

- Minority Donor Day, 4:30 p.m., St. Johns Town Center

♈
ARIES
March 21 - April 20

Complex or hidden romantic triangles will now become public knowledge. Some Aries natives may this week discover a private attraction or potential relationship. If so, carefully consider all consequences. This is not the right time to challenge loved ones or ask for special favors. Go slow and wait for clarification. After mid-week, watch also for a fast business reversal. Authority figures may revise job titles or daily responsibilities.

♉
TAURUS
April 21 - May 20

Money discussions may this week reveal important opportunities. Listen closely to the suggestions of family members and expect a variety of complicated proposals. Property settlements, long-term investment and shared business expenses may soon work to your advantage. Take time to study past documents and research new ideas. Added intimacy or new promises are accented: stay alert.

♊
GEMINI
May 21 - June 21

Early this week, new friends and lovers may bring unpredictable decisions into your life. Although all is positive, family members may feel mildly threatened by changing social ideals or sudden home choices. Provide assurance and watch for optimism to increase. Social expansion and group involvement are now on the rise. After Thursday, an expected business or financial mistake may be briefly bothersome. Refuse to be derailed: positive gains are available throughout August.

♋
CANCER
June 22 - July 22

Someone close may this week ask for private social advice. Emotional triangles or long-term romantic regrets may be a key theme. Listen, observe and offer genuine opinions: at present, difficult home discussions may be highly distracting for loved ones. By mid-August, however, all returns to normal. Remain patient and offer kind words of encouragement. After Friday, bosses and managers will ask for extra dedication. Don't hesitate: your actions will lead to advancement.

♌
LEO
July 23 - Aug. 22

Career speculation will now inspire unique job proposals. Early this week, expect friends, relatives or romantic partners to adopt an attitude of public confidence and business ambition. Financial partnerships and home-operated businesses are highly favored throughout the summer months. Don't hold back: there's much to be accomplished.

♍
VIRGO
Aug. 23 - Sept. 22

Relaxation and intimate communications are now important to the success of long-term relationships. Loved ones may this week ask for special consideration or added family time. Don't disappoint. At present, your comments and private reactions will have a defining impact. Remain diplomatic and plan for change. Later this week, a complex property contract may need to be negotiated. Stand your ground: this is not the right time to relinquish control of vital home projects.

♎
LIBRA
Sept. 23 - Oct. 23

Business discussions will this week provide a unique perspective on recent family events. Before mid-week, someone close may now feel insecure about future financial decisions or job proposals. Take time to thoroughly explain ongoing home needs and money restrictions. Your natural diplomacy and attention to detail will be greatly appreciated. Thursday through Sunday, social and romantic attractions are on the rise: expect complex invitations and mildly seductive proposals.

♏
SCORPIO
Oct. 24 - Nov. 22

Over the next few days, colleagues and friends may present competing invitations. Your full devotion will be expected. Carefully explain all delays or limitations and expect others to respond positively to a detailed disclosure of the facts. Thursday through Saturday, a close friend or lover may be moody or withdrawn. Social freedom or lifestyle choices may be key issue. Later this weekend, rest and ask for advice.

♐
SAGITTARIUS
Nov. 23 - Dec. 21

Long-term friends may this week introduce controversial business or financial plans. Group investments, property management or shared expenses are accented. Partnerships are favored if, and only if, reliable agreements are reached before mid-August. Don't delay important negotiations: lucrative projects will soon be revealed.

♑
CAPRICORN
Dec. 22 - Jan. 20

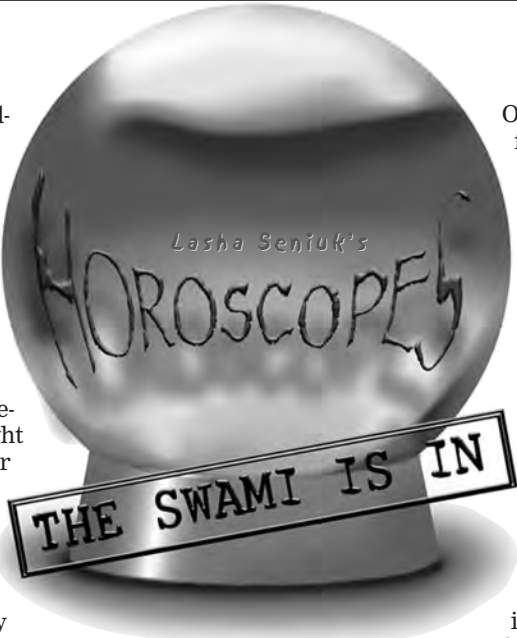
Younger relatives now require your full attention. After Tuesday, expect emotional decisions and unexpected social triangles to be more draining than anticipated. Gently probe for information. Loved ones will respond warmly to your efforts and ask for further assistance. Allow yesterday's mistakes to fade. Timely progress is assured. Later this week, a postponed job advancement or business partnership may reappear and offer new option

♒
AQUARIUS
Jan. 21 - Feb. 19

Confidence in the workplace may this week be easily misinterpreted. Over the next few days, close colleagues will doubt the sincerity of fellow workers. Avoid creative discussions or bold opinions. At present, complex emotions and private regrets may be an underlying influence in business relationships. Remain quiet. After Wednesday, a bold romantic statement from a new friend or colleague may trigger minor tensions. Stay focused: private social triangles will soon be revealed.

♓
PISCES
Feb. 20 - March 20

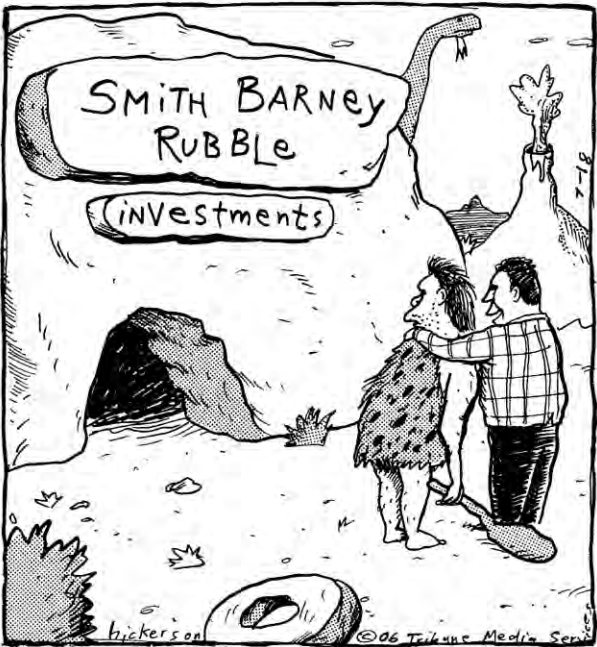
Sultry invitations will provide delightful distractions over the next two weeks. Some Pisceans may soon experience the dramatic expansion of their social or romantic options. If so, expect several months of vital decisions and fast emotional changes to also follow. Active involvement will be demanded: don't hesitate to join in. Later this week, a rare workplace dispute may lead to open discussion and revised roles. Stay open: new job titles will work to your advantage by mid-August. Distributed by McClatchy-Tribune Information Services.



Two Dudes



A College Girl Named Joe



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The Family Manster by Josh Shalek



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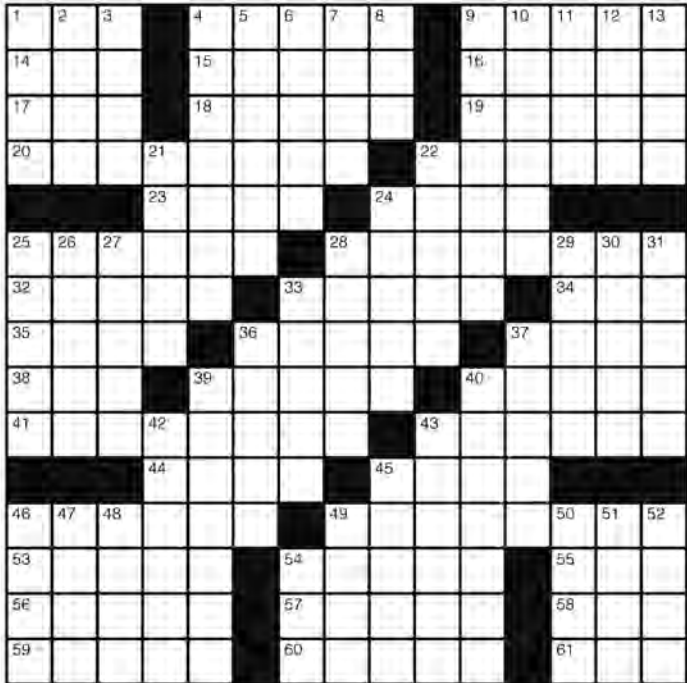
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4 Pioneers' type
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5 Type of band



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4/5/06

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Ospreys fly into Future

By HOLLI WELCH
SPORTS EDITOR

What some might consider a dream has become reality for four former Ospreys over the past months. University of North Florida senior Matt Oxendine, junior Jeremy Papelbon and junior Josh Papelbon were recently drafted into the Major League, while senior basketball player Alain Laroche joined the European Circuit.

The news not only brought excitement to UNF and their former teams, but also to themselves.

"I was thrilled when I was first drafted," Josh Papelbon said. "I was ready to jump into the uniform right then."

The former Osprey did not have much time away from his uniform, heading north to play in a short summer stint outside of Boston. His name was claimed by the Boston Red Socks, brother Jeremy Papelbon headed to Illinois to join the Chicago Cubs.

The newest Chicago Cubs pitcher was drafted during the 19th round of Major League Baseball's First Year Player Draft in early June, while the Red Socks selected Papelbon during the 48th round. Matt Oxendine joined the Arizona Diamondbacks in the 15th round of the draft, joining teammate Jared Incinelli who signed before the draft.

The three leave high standards with the Ospreys, after leading the team to a 34-21 record during their last collegiate season.

Oxendine, who played four years at UNF, led the team with 71 hits and 47 runs. He also tied the team lead with 16 doubles, while smacking 16 homeruns during his senior year.

"I am extremely happy for Matt and his family. He worked so hard during his four years here, and he is very deserving of this accomplishment," head coach Dusty Rhodes said.

The shortstop led the Atlantic Sun Conference during his senior year with 35 runs scored in conference play, taking a spot on the All A-Sun first team. He also left a new record for the UNF team with a total of 218 games played for the Ospreys and 52 doubles hit.

Josh Papelbon also left the Ospreys with a new team record, earning 24 all-time saves. In March he passed the former record of 20 against Campbell University, upping his total to eight during the 2006 season.

"I am like a machine," he said. "I can't get nervous. Coach trained me and I know what to expect."

Rhodes agreed. "Josh has been one of the key components for us out of the bullpen," he said. "He is a guy that I could always count on in a tough situation late in the game."

Adding to his accomplishments, Papelbon recorded a 2.81 ERA and finished second on the team with 40 strikeouts. He also led

the team with 29 appearances, finishing the season with 41.2 innings played.

Just as impressive, his twin was honored three times as A-Sun Pitcher of the Week, starting 89 innings for the Ospreys, while claiming 88 strikeouts and a .227 opponent batting average. He also led the team with the fewest earned runs and walks, allowing only 24 runs and 14 walks during the season.

Jeremy Papelbon led all starters in the conference with a 1.85 ERA, which helped make him the first pitcher to be drafted from the south into the professional field by the Cubs this year.

"I'm very excited to be able to further my career with the Cubs organization," he said. "Playing professionally is something I have wanted to do my whole life."

Playing professionally has been a dream to the other athletes as well, including Alain Laroche, who will get the chance with the MPC Capitals in Groningen, Holland this fall.

The 6-foot-6-inch forward completed the final sections of his contract in June and is set to head to Europe in early August. This will be his first experience outside of the country.

"The most exciting thing about this is that I get to experience a different culture," he said. "I've never been outside of the United States but I feel comfortable."

He chose the Holland club team over the many others he looked at for that very reason - comfort. With English as a primary language, the former Osprey believes that he will flourish and be an impact player on the team.

Laroche transferred to UNF in 2005, quickly earning second-team all-conference honors. In conference play, Laroche led in free throw percentage, shooting 87 percent from the line as well as 48 percent from the field. He also scored 1,000 points in his two years of college ball. He heads to Europe with high expectations.

"I set them high on purpose. I believe in working hard, so I am staying in shape, getting stronger, and I plan to lead the team during the season, he said."

The determined athlete plans to not only succeed in Europe but to eventually return home and play professionally.

"I want to shoot for still bigger and better things. Holland is a chance to prove who I am," he said.

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Matt Oxendine

Jeremy Papelbon

Josh Papelbon

Alain Laroche

ILLUSTRATION BY ROBERT PIETRZYK

FROM THE CHEAP SEATS: LEGITIMATE PICKS FOR FANTASY FOOTBALL



Ben Baldridge, Senior, Sports Management

The drafts are beginning to start for fantasy football and more than likely players will start by drafting a running back. You'll want to make sure that you are getting your running backs early. Here is a list of my top 10:

At number 10 is Ronnie Brown with the Miami Dolphins. The Dolphins finally got themselves a quarterback which in return could open them up for a really solid running game. Without having Ricky Williams around, Brown is going to get a lot of touches and should have a solid year.

Number nine is Dallas Cowboys' Julius Jones, who came off of a decent year, but the addition of Terrell Owens could help his cause tremendously. If Bledsoe can get the ball down the field, things should open up for Jones to have a pretty good season.

Cadillac Williams of the Tampa Bay Buccaneers takes number eight. After a solid rookie season Cadillac could be running on dubs with his all-purpose yardage this season. Gruden found himself a running back he can rely on, but he just needs to be careful not to use him too much.

My number seven pick for the season is Rudi Johnson with the Cincinnati Bengals. He has been solid the past couple seasons averaging over 1,200 yards and 10 touchdowns a game. Being on a team that has as much offensive talent as the Bengals do makes him a solid pick.

In at number six is the St. Louis Rams' Steven Jackson. He has gotten experience, been mentored by Marshall Faulk and is ready to explode. This could be his break-out season.

For the number five pick, Clinton Portis of the Washington Redskins makes my list. Portis is the core of the Redskins offense, and he should have another solid year.

Number three is Tiki Barber of the Washington Redskins. Tiki came close to 2,500 all-purpose yards last season. If touchdowns aren't worth that much to you and you always want a guarantee, he is what you want.

Larry Johnson takes the number two spot, hanging in with the Kansas City Chiefs. After easily taking Priest Holmes' job with an amazing 2093 all-purpose yards and 21 touchdowns, he's really going to blow up with the starting job. The Chiefs have one of the best offensive lines in the game. The coaching staff for the Chiefs hopes to give him at least 25 touches a game. He's going to get yards, and he's going to score.

My number one pick for fantasy football this year is Shaun Alexander of the Seattle Seahawks. This guy will be picked first more than any other play in fantasy football this year. In 2005, he had over 1,900 all-purpose yards and 28 touchdowns. His team will need him to continue.

I would not bother with the Indianapolis Colts' Joseph Addai. Same team, new running back. They have Peyton Manning...enough said. Also, I'd advise you to just stay away from Thomas Jones with the Chicago Bears. He has been in trouble with the coaching staff, so look for Cedric Benson to step up for the Bears this year.

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Osprey captures amateur title

Sophomore golfer Jeff Dennis takes 89th Florida State Amateur tournament shooting 5-under-par

By HOLLI WELCH
SPORTS EDITOR

There is no time to rest this summer for University of North Florida's rising sophomore Jeff Dennis. Daily practices and tournaments fill his schedule instead, including the recent Florida State Amateur tournament in Boynton Beach.

Shooting a 5-under-par tournament total, the Atlantic Sun Conference freshman of the year took the win and state title.

Dennis led the competition after the second round, shooting a four-under 68, followed by rounds of 70 and 73 to finish the tournament. He finished four strokes ahead of Lake Worth's Edward Kenny, who took second place, and five strokes of Lakeland's Marc France, who took third.

This was the Osprey's first experience on Boynton Beach's greens.

For Dennis, the competition matched up with regular collegiate tournaments, bringing out many familiar faces.

"A lot of the kids from other colleges were there and some good junior and amateurs from all over the state as well," Dennis said. "It was very similar to the regular season."

In order to take control of the competition, Dennis kept control of what thoughts went through his mind. Learning from mistakes during this past season, he handled his nerves to the very last hole of the tournament.

"I knew going into the final round that I had to take one shot at a time," he said. "I did not want to get ahead of myself or dwell on the bad shots. When I finally knew that I had won, it was a huge relief."

The winning Osprey received a crystal vase and his name inscribed on the Clarence Camp Championship trophy. He also scored a spot in the 2007 Florida State Amateur Tournament at the Westin Innisbrook Golf Resort in Palm Harbor.

Joining Dennis on the course was fellow UNF teammate Gavin Cambre, a new addition to the team.

Finishing with a 3-over-par and 288 total, Cambre earned eighth place, a position that both Dennis and head coach Scott Schroeder took note



DENNIS



MEDIA RELATIONS

Jeff Dennis led the competition at the Florida State Amateur Tournament, finishing at five-under-par. His win leads him to the Eastern Amateur Tournament and possibly the U.S. Amateur Tournament later this year.

of.

Dennis pointed out his teammate's game and the position he will take to make a great season for the Ospreys next year. Schroeder simply stated the obvious.

"Gavin has gotten off to a very solid start this summer. A top ten at this event should give him confidence that he can play with anyone, he said."

Schroeder had similar thoughts for the winning Osprey:

"That was a great win for Jeff. It should be a very good learning experience for him and a great way to start his summer."

The ride to the state tournament was not as secure. Dennis struggled through the qualifying round at Fernandina Beach's Golf Club at North Hampton. He squeaked through after shooting a 72, five shots higher than his winning score.

None-the-less, Dennis will continue with amateur play in July, heading to the North-South Tournament in Pinehurst, N.C., followed by a US Amateur qualifying event.

"It was the biggest tournament win of my career," Dennis said. "It gives me confidence heading into the rest of the summer and fall seasons. I'll just need to control my nerves."

Dennis will help lead the 2006 team, which boasts many new faces for North Florida. Along with Cambre, J.C. Horne, Jacob Davidson and Jordan Gibb are joining the UNF squad.

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Athletes abandon field and go on guard for the summer

By HOLLI WELCH
SPORTS EDITOR

Many of the University of North Florida athletes are finding a new way to stay active during their summer break: serving their community as certified lifeguards.

Sophomore Kimberly Iaquinto and junior Mallory Arents are two of several UNF faces to join the craze. Iaquinto, who swims for North Florida, works at Point Vedra Beach, while Arents, a third year cross country runner, stands on guard at Atlantic Beach.

Though life guarding allows them to give back to their community by saving lives on the abundant beaches around, it also offers a weekly, paid workout routine in the sun. Neither Iaquinto nor Arents seemed to argue with that.

"You have to be in really good shape," Arents said. "To get certified you have to perform tasks and then continue with physical training three times a week."

The tasks completed for certification include swimming 500 yards in under 10 minutes, as well as swimming a half-mile out in the ocean and running a half-mile back in under 30 minutes. During the week the lifeguards run, swim and do abdominal exercises as a team.

"Staying in shape for work really helps me get ready for the season," Arents said.

Iaquinto enjoys the water and constant workout but sees her job as even more.

"I grew up swimming in the water," she said. "It is rewarding to help little kids who cannot swim."

The United States Life Guarding Association, or USLA, agrees with the Osprey. The association provides objectives for the lifeguards that create a positive, selfless environment. These objectives are achieved through the USLA's annual competitions.

The No. 1 goal for USLA is to "sustain and uplift employee morale." This is partnered with the desire to "stimulate personal interest in rescue skill training" as well as the need to "acquaint the general public with water safety procedures to advance public safety on the beach."

For both Ospreys new to the USLA, the competitions are still unknown. Both head to Daytona in late July for the regional meet. There, events ranging from running to swimming and diving take place. This also adds a since of rivalry for the athletes.

"It is a pretty stiff competition," said Arents. "You can't just go and expect to win but I'm really looking forward to it, especially the two mile run and other events close to my sport."

Each beach enters their lifeguards as separate teams, combining the experienced with fresh faces. With the competition on the open beach, available to be viewed by the public, the USLA fulfills their goals.

"Daytona will be my first competition," Iaquinto said. "I'm going to figure out what this is all about."

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"Staying in shape for work really helps me get ready for the season."

Mallory Arrents
Junior, UNF Cross Country



PHOTO BY HOLLI WELCH

Many University of North Florida athletes have taken summer jobs on the beach lifeguarding. The position allows the athletes to serve their community while keeping fit for the upcoming season with the rigorous workouts at work. Some also lifeguard at the University swimming facilities.

In Brief
SPORTS

University Media Relations Seeking Assistant

The Media Relations department is taking applications for a student assistant for the fall semester.

The position is compensated with a scholarship.

For more information contact Tom Strother at 620-4026 or by e-mail at tsrother@unf.edu.

Men’s basketball selected for 2006 College Hoops Classic

The University of North Florida’s basketball team will begin their season in New York, after being selected to compete in the 2006 Sports College Hoops Classic.

The tournament benefits the National Association of Basketball’s Coaches vs. Cancer program, which was created to raise awareness and reduce cancer risk through educational programs.

North Florida will face St. John’s College in the opening round, aiming for a place in the final game, which will take place at Madison Square Gardens in New York City on Nov. 16 and 17.

The selection to such a prestigious event gives UNF exposure to the Northeast.



North Florida’s volleyball and men’s soccer teams recently announced their 2006 schedules.

Volleyball

The 2006 squad has scheduled a busy season, including five regular-season tournaments in Aug. and Sept.

The team opens the season at the Troy University Classic Aug. 25-26, playing against host Troy University as well as Tulsa University.

The first home game for the Ospreys will be Aug. 29 against the University of Central Florida. They will play just 13 of their 32 matches at home this season.

Men’s Soccer

The Ospreys kick off their season Aug. 25 at the Garder-Webb Tournament against Winthrop University.

They will challenge cross-town rival, Jacksonville University in Sept.

North Florida takes on their biggest challenge of the season Oct. 24, when they travels to Raleigh-Duram, N.C. to play Duke University.

The final game will follow close behind, as the Ospreys play Flagler College Nov. 4 in St. Augustine.

With a new academic year approaching, new recruits to the Osprey athletic teams are looking to make an impact.

The women’s soccer team is looking to fill the void of five players lost to graduation with six new players, five of whom hail from the Sunshine State.

The lone ranger

Avon, Ind. native Caitlin Kovaks leaves the 2005 Indianapolis Star All-Metro team, to join UNF. Kovaks’ passing abilities and field vision will put her in the Ospreys’ central midfield.

Osprey Wild Card

Kady Dearing is most suited for central midfield, but her athletic abilities could potentially place her anywhere in the playing field. Dearing who is two-time all-conference and all-district selection and is a member of Florida’s Olympic Development Program.

Speedy Gonzalez

Lauren Dwyer from Palm Bay, Fla. is a two-time Gainesville Sun All-Area Team member. Dwyer, who plays forward, adds both speed and strength and is easily capable of handling the ball with either of her feet.

Melbourne MVP

A four-year letter winner from Eau Gallie High School in Melbourne, Fla., Lauren Maze, was selected as a 2005 Most Valuable Player. Maze will help strengthen the Osprey central defense.

Moore Aggresiveness

Courteney Strickland was a four-year letter winner a Bishop Moore High School in Winter Park, Fla. Strickland’s midfield contributions helped lead her team to its first ever regional semifinal appearance.

Home Sweet Home

Katelin Swift, a forward from Bartram Trail High School here in Jacksonville, was a two-time Player of the Year for the Florida Times Union and the St. Augustine Record. She has been a member of Florida’s ODP since 2002.

The Osprey volleyball team has rounded out their 2006 roster with the addition of a true freshman and a sophomore transfer.

A hero in shining armor

Standing at 6 feet 3 inches, middle blocker Jessica Davis of Providence High School in Charlotte, N.C., helped her team win back-to-back Class 4A state championships.

Highly acclaimed transfer

Allison Wolfe is a transfer from Albany, N. Y., where she played for the Division I Great Danes. In high school, Wolfe was a two-time all-state selection, a three-time all-region performer and was named Region I Player of the Year in both her junior and senior seasons.

The golf team was able to acquire a player who has had impressive showings in preseason play.

Sudden-death cowboy

J.C. Horne played in the US Amateur Public Links championship but was eliminated in the first round in a sudden-death playoff. Horne acquired his medalist honors in June while in sectional qualifying at St. Johns Golf and Country Club of Jacksonville.

The men’s soccer team signed two fellow high school teammates to its roster.

Teammate number one

Chris Merritt scored 14 goals and 10 assists as a senior at Mandarin.

Teammate number two

Jordan Allerding’s stats boast 10 goals and nine assists. Both teammates earned first-team All-Gateway Conference honors.

Women’s basketball signed four new recruits to their roster.

The Lefty

Tiffany Williams, from Boca Ciega High School of Pinellas County, Fla., is a left-handed point guard that led her school to four-straight district finals, one championship and three-straight conference championships. Williams averaged 11.2 points during her four-year career.

She’s got their back

Shandrea Moore will help strengthen the backcourt for UNF. Moore, of Dillard High School in Fort Lauderdale, Fla., averaged 11 points, five assists and three rebounds per game. She also played in the Dade-Broward All-Star Game as a junior.

The Modern Renaissance Woman

Willonda Windham, a 6-foot post player from Armwood High School in Seffner, Fla. was also the leading scorer in the Tampa Bay Basketball Coaches Association All-Star Classic. Windham is not only an impressive basketball athlete but a stellar track and field athlete. Her athletic acclaim for both basketball and track and field led her to being named the runner-up for the 2005 Hillsborough County Female Athlete of the Year award.

Team Player

Shennette Sheffield, a 6-foot-1-inch post player from St. Thomas Aquinas High School in Fort Lauderdale, Fla., will join Windham to create a stronger presence in the paint.

Men’s basketball signed six new players including four transfer players from the junior college level.

The record holder

At 6-foot-7-inches, Derell Henderson from Pasco-Hernando Community College in New Port Richey, Fla., played both guard and forward while averaging nearly 13 points and earning an invitation to the 2006 FCCAA All-Star game. He also tied a school record with 44 points scored in one game to go along with 10 rebounds.

Mystery Man

Stan Januska, a 6-foot-6-inch guard from Morehead State University

in Kentucky, will be forced to sit out the 2006-07 basketball season due to NCAA transfer rules. Januska started six of 24 games and averaged 3.2 points in 13 minutes of play as a freshman.

West African Spike

Junior forward Gallo Cham from Central Florida Community College, is a native of Gambia, West Africa. A sound defender with strong rebounding skills, Cham shot nearly 53 percent from the floor, averaging 5.6 points, 5.2 rebounds and 13 blocked shots per game as a sophomore.

His Country’s Finest

Junior forward Arnold Henry from Carl Albert State College in Oklahoma, averaged nearly seven points and six rebounds per game. A native of Castries, St. Lucia, Henry became the first player from St. Lucia to play Division I college basketball when he played at the University of Vermont.

Sparks on the court - and this isn’t the fourth of July

Freshman guard Germaine Sparks from Liberty County High School in Hinesville, Ga., has the ability to play both point guard and shooting guard. Standing at 6-foot-6-inches, Sparks averaged 12 points, six assists and seven rebounds per game.

The Jolly Green Giant

Freshman forward Stanton Bethell hails from Monsignor Pace High School in Miami. A power forward that comes by way of the Bahamas has only been playing organized basketball for three seasons. Bethell’s dominating size, at 6-foot-8-inches will help strengthen the Osprey front court but his ability to step outside and knock down shots also makes him a viable perimeter shooter.

The softball team adds six new players to their roster after losing four to graduation. Three of the new players were high school teammates.

Kara Rutenbar, Elizabeth Howell and Mallory Butler all hail from Bartow High School in Lakeland, Fla.

The little sister with a big game

Rutenbar is the younger sister of current Osprey catcher, junior Kelli Rutenbar. Rutenbar led Polk County in batting average hitting .543 and adds a speed threat to stealing bases.

Angel in the outfield

Butler looks to make an impact in the outfield.

Going, going, gone

-Howell could see time at either first or third base. She boasted a .400 hitting average including one home run and 24 RBIs.

She came back stronger

Heather Hyde, a transfer from Tallahassee Community College, was named an All-Panhandle Conference Academic Team selection. Hyde made a comeback from a hand injury during her freshman season to lead the team in stolen bases and on-base percentage.

Now she’s our lady

Joanna Kurycki is a right-handed pitcher who earned a total of 283 strikeouts in 186 innings during her senior season at Our Lady Mercy High School in Rochester, N.Y. She was also a two-time all-state selection.

No hits for this pitcher

Adding depth to the pitching chart is left-handed Devin Findley, from Santa Fe High School in Gainesville. In the 2004 season, Findley threw five no-hitters and two perfect games to go along with 13 shutouts.

The women’s track team adds seven new faces to a variety of track and field events.

All in the family

Anne DelBovo, from Sante Fe Catholic High school in Lakeland, Fla., is the younger sister of teammate Lauren DelBovo. The younger DelBovo specializes in hurdles, sprints and the long jump.

Soaring to new heights

Elise Trexler, of Mosely High School in Lynn Haven, Fla., was heavily recruited by the University of North Florida. She will primarily be a jumper for UNF.

One girl, many talents

Mary Beth Renfro, of Holy Trinity Academy in Melbourne, Fla., will be used as a sprinter, shot-put hurler and jumper for the Ospreys.

Talk about skill, she’s got five

A heptathlalon athlete that hails from Tappan Zee High School of Orangeburg, N.Y., Karissa Sullivan will add both depth and diversity to the team.

The Sprinters

Andrea Hall, who competed at Space Coast High School in Cocoa, Fla., and Charisma Anderson from Lawton Chiles High School in Bradfordville, Fla., are short distance sprinters.

She can run anything

Melissa Sams from Wesley Chapel High School in Wesley Chapel, Fla., is both a sprinter and mid-distance runner looking to make an impact on the Osprey track team.

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